

Name: \_\_\_\_\_ Unit #: \_\_\_\_\_ Date: \_\_\_\_\_

Temperature on day of departure: \_\_\_\_\_ (CDC defines fever as 100.4 F or greater)



## Participant Health Screening Checklist

For use at events, camps and outings

All participants, visitors, vendors, etc. (youth and adult) must use this checklist to screen for potentially communicable diseases.

This checklist must be completed before departure on the day of the event. It will be reviewed upon arrival.

### Part I: Higher Risk for Serious Illness

Are you in a higher-risk category as defined by CDC guidelines?\* If so, we recommend that you stay home unless you have approval from your health care provider.

The CDC describes those at higher risk for severe illness from COVID-19 as those who are/have:

- 65+ years old
- Obesity (BMI of 30 or higher)
- Smoker
- Breathing issues (moderate to severe asthma, cystic fibrosis & lung disease)
- Circulation issues (high blood pressure, coronary artery disease, stroke cardiomyopathies, heart abnormalities)
- Diabetes, type 1 or 2
- Uncommon conditions (sickle cell diseases, severe blood disorder, or HIV infection)
- Immunosuppression (chemotherapy or transplantation)
- Chronic kidney or liver disease
- Children who are medically complex

### Part II: Recent Interactions

- Yes  No Do you have COVID-19 or are you currently awaiting the results of a COVID-19 test?
- Yes  No Have you been in contact with anyone who has COVID-19 or is ill with a respiratory illness but has not been tested for COVID-19 in the last 14 days?
- Yes  No Have you or anyone you have been in close contact with live, work or travel in an area with a large outbreak of COVID-19 disease (hot spot) in the last 14 days?
- Yes  No Are you or anyone you have been in close contact with under current advisement by public health to quarantine or self-isolate?

**If any question is answered yes, the individual must stay home.**

### Part III: Health Screening

Do you have any of the following symptoms which are related to a new/recent illness and cannot be attributed to another health condition?

- |                              |                             |   |                              |                             |                            |
|------------------------------|-----------------------------|---|------------------------------|-----------------------------|----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Fever or chills                             | <input type="checkbox"/> Yes | <input type="checkbox"/> No | New loss of taste or smell |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Cough                                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Headache                   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Shortness of breath or difficulty breathing | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Nausea or vomiting         |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Fatigue, muscle or body aches               | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Diarrhea                   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Sore throat, congestion or runny nose       |                              |                             |                            |

**If any are checked yes, the individual must stay home until cleared by a physician.**